

**Courageous Evangelism© Training**  
**Spiritual Fitness Workshop**

So now journal here a prayer of confession to the Lord regarding your present spiritual condition. You may want to celebrate areas of health and progress but also confess areas of weakness and stagnation. Include how you think your daily personal witness to unbelievers is going in your life.

Dear Lord Jesus, \_\_\_\_\_

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\_\_\_\_\_ Amen

Now spend some time imagining what it would be like to become a more effective witness in your daily life. What would it look like to view evangelism as central and vital to your spiritual growth?

There might arise an amount of apprehension, even fear. This should drive us to prayer.

*Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. (Phil 4:6)*

That is why the next section is about PRAYER!

## Pray for Yourself

- Personal revival in your life (Ps 85:6)
- God's presence and power to witness (Lk 24:49, Acts 1:4-5,8; 2:2-4, 4:29-31)
- Sanctification and strength (Eph 6:13, I Thess 5:23-24)
- Boldness, Courage (Acts 4:29)
- Consistency in Lifestyle (Col 4:5)
- Gifts of Healing/Miracles/Prophecy (Acts 4:30, I Cor 14:24)
- Co-Laborers in Witness (Matt 9:35-38)
- A burden and love for the Lost (Ps 126:6)
- Sensitivity to promptings, nudges, and opportunities (Acts 8:26ff)

*"Father, allow me to cross the path of someone with whom I can share Christ"*

### PDA

#Personal Revival   #Divine Appointments   #Active Obedience

### Practice Listening Prayer:

"Father, where are you working? Where can I join you?"

"Lord, lead me to people who are receptive."

"Is there someone you want me to talk to, care for, or pray with?"

"Is there someone here who is hurting?"

"Father, grant me your eyes to see beneath the outward behavior to the hurt and the ache for love, meaning, and real life."

### The Three-Open Prayer

Based on Col 4:3-4; when we pray for a lost person we care about.

1. Open Door - "Lord, please open a door." (A natural opportunity)
2. Open Heart - "Open their heart." (Ready to hear God)
3. Open Mouth - "Open my mouth when you open the door." (Confidence)

## Praying for Others

After you have prayed for yourself, begin to pray for a handful of people (5) on a daily basis. Ask God who should be on that list. List the people below and begin praying for them.

### My Top Five

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

Pray for...

- God to soften their heart. (Ezekiel 11:19)
- The Father to draw them to himself (Jn 6:44)
- Satan's blinders to be taken off (II Cor 4:4)
- Experience of God's Love (Eph 3:18-19)
- Conviction of Sin and Judgement (Jn 16:8-11)
- God will send someone into their life who will be the key to their salvation. (Lk 10:5-60)
- Your Opportunity to share Christ with them. (Eph 5:15-18)
- New eyes to see God at work around them (2 Kings 6:17)
- A Sensitivity to the Holy Spirit speaking to them (Acts 9:3-6)
- Speak to them in a Dream (Matt 27:19)
- Openness to include Christians in their social circle (Lk 19:5-6; Acts 24:24-25)
- A Longing for personal Peace and freedom from Guilt (Acts 16:27-30)
- A drive to become a Worshipper (Jn 4:23)
- God's wisdom and strategy on how to reach them. (Acts 17:16-21)